



# SEPTEMBER 2013

Fond du Lac Senior Center...

where friends meet!

151 E. First Street 322-3630

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>SENIOR CENTER CLOSED</b>  	<b>3</b> 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake <u>10:00 Oil Painting Class</u> 12:45 Bridge 1:00 Bingo—sponsor: <i>Manor Care</i> <u>1:00 Watercolor Class</u> <u>3:00 Mixed Water Media Class</u> 6:00 Woodworkers (Horace Mann HS)  <b>Happy Travelers:</b> <b>Overnight Casino</b>	<b>4</b> 8:30 SCAMP 9:00 Linettes 9:00 Handchimes 10:15 Video Exercise 12:00 Hand & Foot 1:00 Cribbage 1:00 Canasta 1:15 Sheephead <u>6:00 Drawing Class</u> 7:30 Dance: Bob & Marilyn D.J. / Variety & Karaoke  <b>Happy Travelers:</b> <b>Overnight Casino</b>	<b>5</b> 8-3 Foot Care 9:00 Handchimes 9:00 <u>Presentation/Outreach Mtg</u> <u>When I'm 65: Julie Hilbert</u> 10:00 Scrapbooking <u>10:30 MPTC Beginning Yoga</u> <u>12:00 ROMEOs at Casa del Tequila</u> <u>12:30 MOVIE: "Les Miserables"</u> 12:45 Bridge <u>1:00 MPTC Computer Basics 2</u> 1:00 Flying Geese Quilting Club 3:45 Walk Live! 6:00 Char-tastic Crafters 6:00 TOPS #0566 <u>6:00 Line Dancing Class</u>	<b>6</b> 9:00 <u>Pool League Meeting</u> 12:30 <u>Wii Bowling League</u> 1:00 <u>Making Potato Necklaces</u> <u>with Lynn Swette</u> 1:00 Pinochle 1:15 Sheephead 1:45 <u>Wii Bowling League</u>  <b>7 Saturday</b> <u>10:00 Beg. Line Dancing Class</u>
<b>9</b> 8:55 Low Impact Exercise <u>9:00 Bagels with a Broker</u> <u>Speaker: Derek Straaland, Lincoln Financial</u> 9:00 Woodcarving Club <u>12:30 MOVIE: "Les Miserables"</u> 1:00 German Club 1:00 Poker 1:15 Sheephead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold 6:30 FDL Area Writers Club	<b>10</b>  9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake <u>10:00 Oil Painting Class</u> <u>10:00 Singing Class</u> 12:45 Bridge 1:00 Bingo—BANANA SPLIT BINGO sponsor: <i>Comfort Keepers</i> <u>1:00 Watercolor Class</u> 1:00 Stitchery <u>2:00 Community Cares@FDL Lutheran Home</u> <u>3:00 Mixed Water Media Class</u> <u>3:15/5:15/6:45 Card Making w/Jana</u> 6:00 Woodworkers Mtg. at Senior Center 6:30 Coin Club	<b>11</b> 8:30 SCAMP 9:00 Linettes 9:00 Handchimes <u>10:00 Bike Ride Taycheedah</u> 10:15 Video Exercise 12:00 Hand & Foot <u>1:00 MPTC Travel Wisconsin</u> 1:00 Cribbage 1:15 Sheephead <u>6:00 Drawing Class</u> 7:30 Dance: Roger & Eddie Accordion & Guitar Old Time & Variety	<b>12</b> 8-3 Foot Care 9:00 Handchimes 10:00 Scrapbooking <u>10:30 MPTC Beginning Yoga</u> 12:45 Bridge <u>1:00 MPTC Computer Basics 2</u> 3:45 Walk Live! 6:00 TOPS #0566 <u>6:00 Line Dancing Class</u> 7:00 Sunset Stitchers Quilters	<b>13</b> <div> <b>Wellness Morning</b>            9-10 Health Screenings            9:15-9:45 DVD: "Mental Health &amp; Stress Reduction"  <u>10-11 Odd Bingo: Apple theme</u>  <u>11:30 Presentation: Balancing Hormones Naturally (incl. Sub lunch)</u> </div> 12:30/1:45 <u>Wii Bowling League</u> 1:00 Pinochle 1:15 Sheephead <b>14 Saturday</b> <u>10:00 Beg. Line Dancing Class</u> <b>15 Sunday</b> 6:00 Model RR Hobbyists
<b>16</b> 8:55 Low Impact Exercise 9:00 Woodcarving Club 9:30 <u>Book Club</u> <u>Three Weeks with My Brother by Nicholas Sparks</u> 1:00 German Club 1:00 Poker 1:15 Sheephead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold	<b>17</b> 7:30 TRIAD Meeting (Sheriff's Office) <u>8:30 Driver Safety Class</u> 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake <u>10:00 Oil Painting Class</u> <u>10:00 Singing Class</u> <u>12:00 MPTC Using Craigslist</u> 12:45 Bridge 1:00 Bingo—sponsor: <i>ResCare Home Care</i> <u>1:00 Watercolor Class</u> <u>3:00 Mixed Water Media Class</u> 6:00 Woodworkers (Horace Mann HS) 6:30 Gluten Free Support Group	<b>18</b> 8:30 SCAMP 9:00 Linettes 9:00 Handchimes 10:15 Video Exercise 12:00 Hand & Foot 12:30 Dominoes 1:00 Cribbage 1:00 Canasta 1:15 Sheephead 2:30 Red Hat Scrapbooking <u>6:00 Drawing Class</u> 7:00 Stamp Club 7:30 Dance: Leota, Gerry & Syl Accordion & Guitar; Old Time & Variety	<b>19</b> 8-3 Foot Care 9:00 Handchimes 10:00 Scrapbooking <u>10:30 MPTC Beginning Yoga</u> 12:45 Bridge <u>1:00 MPTC Computer Basics 2</u> 1:00 Post Office Poker 3:45 Walk Live! 6:00 Char-tastic Crafters 6:00 TOPS #0566 <u>6:00 Line Dancing Class</u>	<b>20</b> 8:30 SCAC Meeting 10:00 Red Hat Chorus 12:30/1:45 <u>Wii Bowling League</u> 1:00 Pinochle 1:00 Memory Writers Group 1:15 Sheephead  <u>Supper Club- Northwinds Supper Club 321 Fond du Lac Ave., Eden</u> <u>5:00 Social; 5:30 Dinner</u>
<b>23</b> 8:00 <u>Newsletter Assembly</u> 8:55 Low Impact Exercise <u>9:00 MPTC Intro to Using the iPad</u> 9:00 Woodcarving Club <u>1:00 MPTC Intro to Using the iPad</u> 1:00 German Club 1:00 Poker 1:15 Sheephead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold	<b>24</b> <u>Happy Travelers: Agawa</u> <u>9:00 MPTC Intro to Using the iPad</u> 9:00 Tai Ji 9:00 Skat 9:30-1:30 Consignor Intake <u>10:00-? Massage/Reflexology/Iris</u> <u>10:00 Oil Painting Class</u> <u>10:00 Singing Class</u> 12:45 Bridge <u>1:00 MPTC Intro to Using the iPad</u> 1:00 Bingo-sponsor: Shepherd Law <u>1:00 Watercolor Class</u> 1:00 Stitchery 3:00 <u>Wacky Races</u> <u>3:00 Mixed Water Media Class</u> 6:00 Woodworkers (Horace Mann HS)	<b>25</b> <u>Happy Travelers: Agawa</u> 8:30 SCAMP <u>9:00 MPTC Intro to Using the iPad</u> 9:00 Linettes 9:00 Handchimes 10:15 Video Exercise 12:00 Hand & Foot <u>1:00 MPTC Intro to Using the iPad</u> 1:00 Cribbage 1:15 Sheephead <u>6:00 Drawing Class</u> 7:30 Dance: Carl & Gerry Concertina & Guitar Old Time/Variety	<b>26</b> <u>Happy Travelers: Agawa</u> 8-3 Foot Care 9:00 Handchimes <u>10:30 MPTC Beginning Yoga</u> <u>12:00 MPTC Using Craigslist</u> 12:45 Bridge <u>11:15 Red Hat Honeys:</u> <u>"Burgers &amp; Bling"</u> <u>at Culver's (Johnson St.)</u> 3:45 Walk Live! 6:00 TOPS #0566 <u>6:00 Line Dancing Class</u> 6:30 Project Linus 6:30 Alzheimer's Support Group	<b>27</b> <u>Happy Travelers: Agawa</u> 8:30 Friends Board Meeting 10:00 Red Hat Chorus <u>12:00 Brown Bag Lunch</u> 12:30 <u>Wii Bowling League</u> 1:00 Memory Writers Group 1:00 Pinochle 1:15 Sheephead 1:45 <u>Wii Bowling League</u>  <b>28 Saturday</b> <u>Scrapbook Crop &amp; Workshop with Colette</u> <u>9:00 a.m.—9:00 p.m.</u>
<b>30</b> 8:55 Low Impact Exercise 9:00 Woodcarving Club 1:00 Poker 1:00 German Club 1:15 Sheephead 3:45 Walk Live! 5:00 TOPS #1159 5:30 Zumba Gold	Underlined events and programs require pre-registration.  <b>Special Events &amp; "Once-a-month" Activities</b>  <u>MPTC Classes</u> <u>Senior Center Art &amp; Rec Classes</u> <u>Happy Travelers Trips</u>			<div>  <b>Let's Do LUNCH</b> </div> Lunch is served at the Senior Center at 11:45 a.m. every Monday—Thursday through FDL County's Dept. of Senior Services Dining Program. Call 929-3937 for reservations. Menus available.